

TALL AND STRAIGHT.

WINDING UP THE BABY.

This is Why they do it.

The Household.

The people of Sweden, mainly on account of their isolated position from the rest of Europe, still maintain many of their peculiarities in dress and habits, particularly among the peasantry, and perhaps more so in the country of Dalecarlia, on the shores of Lake Siljan, than in any other part of the country.

As you travel through this country you begin to get a little bewildered at the stereotyped editions of men and boys that you meet at the roadside, for they seem to be dressed all alike in their sheepskin coats—the fur side of the coat toward the body and the smooth white skin on the outside; besides this, they wear leather aprons, knee breeches, long stockings, and low shoes.

The girls and women are also dressed alike in similar sheepskin coats, only much shorter, in addition to which they wear dark skirts, ornamented in front with bright-colored striped aprons.

On their heads they wear jaunty little red caps, and on their feet low shoes with the heel almost under the middle of the foot.

The mother puts the little one in a kind of basket or sack and slings it on her shoulder, after strapping it in firmly so that it shall not drop out while the mother is walking along or performing some kind of farm labor in the fields.

But if you want to see the real trial of a Swedish baby you must follow me into a Dalecarlia farmhouse.

As you enter the workroom, that is, into the eating and sleeping room your attention is instantly drawn to the great double bed in the corner of the room, for it is not a bedstead that you can move from place to place, but a solid fixture, forming a part of the framework of the house, with posts at the corners and a wooden shelf on top.

From the shelf hang down snow-white towellings, embroidered with bright colored yarn, making a very artistic and pretty effect against the natural woodwork of the bed and walls.

From the shelf hangs a short, stout strap of cord, terminating in a stirrup-shaped handle that is used to take hold of when rising in the morning to hoist yourself up in a sitting position.

After you have fastened your eyes on this aesthetic piece of bedroom furniture, you notice something like a small meal sack surmounted by a chubby little head, with blue eyes and flaxen hair, stuck down in an upright position between the bedding and the side of the bed.

You call the mother's attention to it as she sits by her hand loom or spinning wheel, and she says, "Oh, yes, that is the baby, and it is about time I wound it up."

In your astonishment you venture to ask if it is customary to wind up babies in Sweden as we wind up clocks to keep them in regular order for a week's time, when she will answer you with a smile:

"Oh, no, not just the same, for we wind our babies oftener, generally three or more times a day, and, if you have time, I will show you how we do it."

She then proceeds to take the baby from the bed and commences to unwind it—that is, to unfasten one end of a long linen band, about six or eight inches wide, and gradually to release it either by turning the baby over and over or by passing the band around the baby as it is being gradually unwound.

When fully released it is given the freedom of its legs, arms, and body for a short time, and, after being washed and fed, she proceeds to wind it up again with a fresh linen band.

Commencing at the feet the mother winds it tightly in a spiral manner upward to the armpits, and sometimes the arms are also ladd close to the body, and the linen band passed around the arms and body, and round and round toward the feet again, and so on, until the little one is made nearly as stiff as a board, and put away either on the bed or between it and the bedding in an upright position, as when we first discovered it.

The process is continued, until the child is from ten to twelve months old, and it is the universal custom in Sweden among all classes of the people, to the highest.

Why do the Swedish women keep up to this very day this peculiar method of winding up their infants?

Ask them and they will tell you that it is done for the purpose of making the children grow up tall and straight-limbed, and to prevent them from being hunchbacked or bowlegged, as well as to prevent their feet from turning inward; and, as a matter of fact, there seem to be fewer deformed people in Sweden than in some other countries where this practice of winding the babies is not in use.

Whether or not the results are always as anticipated is uncertain, but for all that you can never prevail upon a Swedish mother to give up her daily practice of winding up the baby.

SPELLING PLEURISY.

Result Might Have Been Different if They Had Possessed Patience.

Chicago Record.

The junior Mr. Bottom was digging away very industriously at a brief in the stenographer's room, in the State Attorney's office, when suddenly he looked about in a panic and inquired: "Say, how do you spell pleurisy?"

"P-l-double-o-r-a-c-y," said Mr. Morrison. A good deal after the fashion of "plutocracy." They come from the same root."

"I think it's p-l-u-r-a-c-y myself," the stenographer ventured, and Ramsey and every other assistant in the department had a suggestion to make, and they were making them when a quiet voice spoke from the door:

"Pardon me; I couldn't help hearing your expressions of dilemma. Am I justified in presuming to intrude my knowledge of orthography to set you all right?"

"If you know how to spell pleurisy you are as welcome as the dawn," said the junior Mr. Bottom. "No apologies necessary."

"Still I must deprecate my intrusion. When educated and refined men are wrestling with a word that makes them spell like steam shovels or mountain goats they naturally consider it impertinent for an utter stranger to interfere."

The attorneys looked at one another in some surprise. Mr. Bottom laughed nervously. "It's a pretty tough word. Much obliged to you for offering to square up."

Don't mention it. You are too good. I do hope I don't intrude, for when people are engaged in grand and lofty spelling, which is unlike the spelling shown in any other menagerie or circus, it is improper and rude for one to disturb them. I apologize freely.

You understand, of course, that I do not take your joint inability to spell the word pleurisy as indicative of illiteracy or even of extreme ignorance. George Washington, for instance, couldn't produce the word parallel without using seven I's, and he was a noble and upright man and shaved regularly. You should feel perfectly easy about not being able to spell pleurisy. There is no need for blushing in shame.

Oliver Cromwell spelled hatchet with an x where the t and c should be. Napoleon, indeed, when attempting English took stage fright and spelled in a manner to frighten timid children off the street. He could conquer worlds, but he could not encompass the word vinegar. He called it v-i-n-i-g-e-r—a distressing fashion of orthography. Alexander—

"Say!" called the junior Mr. Bottom, "are you gaying us, or are you going to get around to the word pleurisy some time next fall?"

"Your pardon. I was simply trying to show you that you should not be unduly in shame for your unfortunate infirmity. I was—"

"Oh, go on away! Get out! Get out quick!" And Mr. Bottom rushed over and slammed the door in the face of the polite man.

"Very well," came a muffled voice from the outside. "Be angry. I only wished to do you a favor and ease your mind. Christopher Columbus could not—"

But Mr. Bottom and his friends took flight to the adjoining room, and the girl went on with the brief with the troublesome word put down as "p-l-u-r-a-c-y."

Eagle as an Emblem.

Lumberton Robesonian.

In ancient mythology the eagle was believed to carry the souls of the dying to their abode on Mount Olympus, and was called the Bird of Jove. The eagle was first taken as a symbol of royal power by the ancient Etruscans, who bore its image upon their standards. In the year 87 B. C. a silver eagle, with expanded wings, poised on the top of a spear, with a thunderbolt held in its claws was adopted as the military standard to be borne at the head of their legions by the Romans. The national standard of Prussia bears a black eagle, that of Poland a white one. Napoleon I. took a golden eagle for his standard, modeled of pure gold, and bearing a thunderbolt after the pattern of the Romans. The standard was disused under the Bourbons, but was restored by a decree of Louis Napoleon in 1852. The eagle was first used on American coins in 1788, on cents and half-cents from the Massachusetts mints. It was adopted in the plan of a national coinage as a design upon all gold coins, and on the silver dollar, half-dollar, and quarter-dollar. The design of an eagle was at one time suggested for the national flag, but was abandoned.

We cordially invite all men, regardless of former political associations, to unite with us, in a fight to the finish for free silver, for low taxes, for higher prices, for agricultural products, for the economical administration of government, and for the freedom and individual sovereignty of the American citizen.

We declare our belief that the peace, prosperity and happiness of the people of North Carolina depend on the defeat of the Republican State ticket in the coming election.

Fits Cured

From N. Y. Journal of Medicine
Prof. W. L. Fiske, who makes a specialty of Epilepsy, has without doubt treated and cured more cases than any living Physician. His success is astonishing. We have heard of cases of 20 years' standing cured by him. He publishes valuable work on this disease, which he sends with a large bottle of his absolute cure, free to any sufferer who may send their P. O. and Express address. We advise any one who wishes a cure to address Prof. W. L. Fiske, N. Y. 4 Cedar St., New York.

PLATFORM ADOPTED BY THE DEMOCRATIC STATE CONVENTION.

All Men of All Political Parties Invited to join in a Fight to the Finish for Free Silver and Good Government.

Whereas, the Democratic party had its birth in Mr. Jefferson's great contest against the centralization of the powers of the Federal government, and in behalf of the strict construction of the Federal Constitution embodied in the tenth amendment thereto, in which all powers not delegated to it were expressly reserved to the States, respectively, or to the people; and whereas, the Republican party has ever been the party of centralization, resolved,

1. That we appeal to the people to observe this fundamental difference between the Democratic party and its traditional enemy in respect to the powers of the central government.

2. That the Constitution of the United States recognizes both gold and silver as the primary or redemption money of these States, and that, in the words of the National Democratic platform of 1884, "We believe in honest money, the gold and silver coinage of the Constitution, and a circulating medium convertible into such money without loss."

3. We favor, independently of other nations, the free and unlimited coinage of silver and gold, without discrimination against either, at the present legal ratio of 16 to 1, and we condemn the system which in a time of peace, with millions of silver bullion lying idle in the Treasury, has forced the government within the short period of two years, to issue \$262,000,000 of bonds, entailing this enormous debt upon the people in order to maintain its credit upon a single standard and a gold basis.

4. We condemn the action of the Secretary of the Treasury in following the Republican precedent of paying the obligations of the Government in gold which were specifically made payable in coin.

5. We hereby instruct our delegates to the National convention, both as to platform and candidates, to advocate and vote as a unit, unflinchingly and at all hazards, for the restoration of silver, and otherwise in obedience to the letter and spirit of the principles herein enunciated.

We further instruct our delegates, State and district, to use all their efforts to abrogate the two-thirds rule, if necessary to secure the nomination of a candidate in complete, in hearty, and in known accord with the principles herein enunciated by us.

6. We warn the people against the threatened combined evils of the gold standard and the McKinley Tariff. These twin monsters go hand in hand in their mission of destruction, drawing the very sustenance from the body of the people, and concentrating all wealth and power in the hands of a few.

7. We denounce the McKinley Tariff and all other forms of protective tariff legislation, and favor the constitutional tariff for revenue only.

8. We favor the repeal of the unconstitutional tax of ten per cent. on State banks of issue.

9. We declare ourselves in favor of a graduated income tax in order that wealth may bear its due proportion of the burden of supporting the government, and we favor an immediate amendment of the Constitution of the United States authorizing its levy and collection in express terms, leaving nothing for judicial construction.

10. We are unalterably opposed to legislation by which monopolies and trusts are created and fostered. We insist upon the faithful execution of the existing laws against the same, and upon such further legislation as may be necessary for their suppression.

11. We point with pride to the economic and stainless administration of the State government whenever Democracy has been in power.

12. We favor the enactment of such an election law as will secure the purity of the ballot, and for the maintenance and protection of the right of suffrage to all the citizens of the State.

13. We favor the continuance of the system of public education established by the Democratic party, and pledge ourselves to its increased efficiency as the condition of the people and public revenues may justify.

14. We favor the prompt, impartial and just administration of the criminal law of the State, and point with pride to the fact that a Democratic legislature first enacted a law against lynching, and that the faithful execution of the same has virtually suppressed that crime in the State.

We cordially invite all men, regardless of former political associations, to unite with us, in a fight to the finish for free silver, for low taxes, for higher prices, for agricultural products, for the economical administration of government, and for the freedom and individual sovereignty of the American citizen.

We declare our belief that the peace, prosperity and happiness of the people of North Carolina depend on the defeat of the Republican State ticket in the coming election.

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Daily ex. San. South Bound Trains.		Daily ex. Sun. North Bound Trains.	
No. 103	No. 49	No. 48	No. 102
P. M.	A. M.	P. M.	A. M.

2 10	8 40	Lv Norfolk Ar.	6 00	10 5
2 25	9 00	Pinners Point	5 35	9 30
2 50	9 29	Drivers	5 11	9 54
3 05	9 44	Suffolk	4 57	8 51
3 43	10 18	Gates	4 23	8 31
4 02	10 38	Tunis	4 05	8 15
4 45	11 00	Ahoskey	3 45	7 33
4 55	11 14	Aulander	3 31	7 58
5 25	11 57	Hobgood	2 54	7 19
5 50	12 20	Ar. Tarboro	2 35	6 55

Ar.		Lv.	
5 57	1 25	Rocky Mount	2 05
P. M.	P. M.		6 30

No. 23 carries pullman parlor car. Norfolk to Rocky Mount and connects with A. C. L. Train 23 for all points south.

No. 103 connects at Hobgood for all eastern Carolina points, also at Rocky Mount with A. C. L. train 27 for all points south.

No. 78 carries pullman parlor car. Rocky Mount to Norfolk and connects for all points north.

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CONDENSED SCHEDULE.

TRAINS GOING SOUTH.		
Dated April 20, '96.	No. 23.	No. 35.
A. M.	Daily.	Daily.
Lv. Weldon	11 55	9 44
Ar. Rocky Mt.	1 00	10 39
Ar. Tarboro.		
Lv. Tarboro.	12 20	
Lv. Rocky Mt.	1 05	10 20
Lv. Wilson	2 03	11 03
Lv. Selma	2 53	
Lv. Fayetteville	4 30	12 53
Ar. Florence	7 20	3 00

TRAINS GOING NORTH.		
No. 47.	No. 78.	No. 32.
Daily.	Daily.	Daily.
Lv. Wilson	2 13	7 35
Lv. Goldsboro	3 10	9 35
Lv. Magnolia	4 16	8 29
Ar. Wilmington	5 45	10 00
P. M.	P. M.	P. M.

TRAINS GOING SOUTH.		
No. 48.	No. 78.	No. 32.
Daily.	Daily.	Daily.
Lv. Florence	8 15	7 25
Fayetteville	10 55	9 30
Lv. Selma	12 32	
Ar. Wilson	1 20	11 15
A. M.	P. M.	P. M.

TRAINS GOING NORTH.		
No. 48.	No. 78.	No. 32.
Daily.	Daily.	Daily.
Lv. Wilmington	9 00	6 30
Lv. Magnolia	10 37	8 02
Lv. Selma	11 53	9 10
Ar. Wilson	12 25	9 55
A. M.	P. M.	P. M.

TRAINS GOING SOUTH.		
No. 48.	No. 78.	No. 32.
Daily.	Daily.	Daily.
Lv. Wilson	12 52	11 20
Ar. Rocky Mt.	1 48	12 02
Ar. Tarboro	2 23	
Lv. Tarboro	12 20	
Lv. Rocky Mt.	1 53	12 02
Ar. Weldon	3 10	12 55
A. M.	P. M.	P. M.

Train on Scotland Neck Branch road leaves Weldon 3:55 p. m., Halifax 4:13 p. m., arrives Scotland Neck at 5:05 p. m. Greenville 6:47 p. m., Kingston 7:45 p. m. Returning leaves Kingston 7:20 a. m., Greenville 8:22 a. m., arriving Halifax at 11:00 a. m., Weldon 11:20 a. m., daily except Sunday.

Trains on Washington Branch leave Washington 8:00 a. m., arrives at Parmele 8:50 a. m., returning leaves Parmele 6:10 p. m., arrives Washington 7:35 p. m. Daily except Sunday. Connects with trains on Albemarle and Raleigh Railroad and Scotland Neck Branch.

Train leaves Tarboro, via Albemarle & Raleigh road daily except Sunday, 4:40 p. m., Sunday 3:00 p. m., arrive Weldon 7:18 p. m., 4:20 p. m., Plymouth 8:30 p. m., 5:20 p. m. Returning leaves Plymouth, daily except Sunday, 6:00 a. m., Weldon 7:30 a. m., 9:58 a. m. Arrive Tarboro 10:40 a. m., 11:20 a. m.

Trains on Southern Division, Wilson and Fayetteville Branch leave Fayetteville Branch leave Fayetteville 5:30 p. m., arrive Rowland 7:11 a. m. Returning leave Rowland 7:35 a. m., arrive at Fayetteville 9:19 a. m. Daily except Sunday.

Train on Midland, N. C. Branch leaves Goldsboro, daily except Sunday 6:00 a. m., arrive Smithfield 7:30 a. m. Returning leaves Smithfield 8:00 a. m., arrive Goldsboro 9:30 a. m.

Train on Nashville Branch leaves Rocky Mount at 6:20 p. m., arrives Nashville 7:15 p. m., Spring Hope 7:40 p. m. Returning leaves Spring Hope 8:00 a. m., Nashville 8:35 a. m. Rocky Mount 9:15 a. m., daily, except Sunday.

Train on Clinton branch leaves Warsaw for Clinton daily except Sunday at 6:20 p. m., and 11:15 a. m. Returning leaves Clinton at 8:20 a. m., and 3:10 p. m. connecting at Warsaw for Clinton, daily, except Sunday at 6:20 p. m., and 11:15 a. m. Returning leaves Clinton at 8:20 a. m., and 3:10 p. m., connect at Warsaw with Nos. 41, 40, 23 and 78.

Trains No. 57 South bound and 14 North will stop only at Rocky Mt., Wilson, Goldsboro and Magnolia.

Train No. 18 makes close connection at Weldon for all points North daily. All rail via Richmond and daily except Sunday via Bay Line, also except Sunday via Norfolk and all points north via Norfolk.

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